



# PEITF Summary

PRINCE EDWARD ISLAND TEACHERS' FEDERATION  
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## November 9 Learning Day Evaluation - REMINDER

Below is the link to the evaluation on the recent November 9th PD Day. As you are aware, there were a number of different options available to teachers. For future planning it is important for us to get your feedback on the day, and know what best meets your needs. The evaluation will only take a couple of minutes of your time. Thanks in advance for your cooperation with this. Your feedback is very valuable to us!

[https://www.surveymonkey.com/s/Nov\\_9\\_Learning\\_Day](https://www.surveymonkey.com/s/Nov_9_Learning_Day)

The link is also available on the PEITF website at <http://www.peitf.com/>

## Items Found at Annual Convention

The following items were found at the Annual Convention:

- Umbrella
- Phone Charger
- Sunglasses
- Bag of items from Scholar's Choice

These items are at Federation House, 24 Glen Stewart Drive, Stratford, or for further information phone the office at 569-4157 or toll free: 1-800-903-4157.

## Writing Activity Through The Guardian

As teachers, we are always trying to create opportunities to connect lessons to real life. We also want to celebrate what is important in the lives of our students. The Guardian is hosting a Christmas Magic section where students can share their thoughts. With the holiday season approaching, and many of our students celebrating significant events in their cultures, this is an opportunity to have them do some writing. It could be a retelling, a memoir, a procedural piece about preparing the holiday meal, or a research project comparing holiday celebrations from around the world. Remember to take time for yourself in the busyness of the upcoming season, and to have fun learning with your students!

Gilles Arsenault  
President, PEITF

## From The Cinematheque Education Department: The Integrated Media Literacy Project

Free, downloadable PDF lesson plans develop critical thinking skills by using cost-free and easy-to-use Web 2.0 technology in the classroom. For example, you and your students can learn and reflect upon:

- building a website using software even primary students can master;
- creating an animated, multi-media presentation for students of any level;
- brainstorming as a class in real-time, online.

Visit us at the Integrated Media Literacy Project website <http://thecinematheque.ca/education/imlp/>

## Youth Call BS on Canada's Support for Mental Health

La jeunesse déclare que le soutien pour la santé mentale au Canada, C'est d'la M

New campaign asks youth to sign declaration supporting change in the way we talk about mental health and support those living with a mental illness

TORONTO, Oct. 29, 2012 /CNW/ - Beginning today, youth across Canada are raising their voices to call BS on the way society fails to support mental health. It's all part of Let's Call BS, a new campaign launched by Partners for Mental Health that challenges youth to call out the way we currently talk about, act towards and support mental health - and then to step up to help change it.

Central to the campaign is the declaration that youth will sign to formally voice their support at [www.callbs.ca](http://www.callbs.ca).

"It is time to change the way young people's mental health is treated and supported across Canada," says Jeff Moat, President, Partners for Mental Health. "Despite almost one quarter of youth experiencing mental health problems or illnesses, family, peers and society continue to teach young people to ignore these feelings and remain silent, instilling a fear of being labelled. This way of thinking needs to stop today."

To open the campaign today, Partners for Mental Health is hosting the BS[ummit] in Toronto, that will include a gathering of young people and experts in the field of youth mental health for a real, unfiltered round table about the way youth mental health and mental illnesses are treated, funded and supported. The discussion will take place live in Toronto and will reach youth coast to coast via live broadcast at [Facebook.com/partnersformh](http://Facebook.com/partnersformh).

"We don't talk about mental health or mental illness," says Vanessa Furtado, an Ontario teen participating in today's summit. "I think that our generation acts as though it's not our issue, but we're seeing kids in our schools facing issues and suffering in silence, and some even dying by suicide because they couldn't or wouldn't get help."

Let's Call BS is a campaign for youth activated by youth, based on the idea that today's youth can be the generation to significantly change the face of mental health in Canada by making it their issue.

People looking to get more involved in the Let's

La nouvelle campagne invite les jeunes à signer une déclaration pour changer la façon dont nous parlons de la santé mentale et soutenons les personnes vivant avec une maladie mentale.

TORONTO, le 29 oct. 2012 /CNW/ - À compter d'aujourd'hui, des jeunes de partout au Canada élèveront leur voix pour déclarer que la façon dont la société échoue dans son soutien de la santé mentale, C'est d'la M. Cette initiative s'inscrit dans la nouvelle campagne C'est d'la M, lancée par l'organisme Partenaires pour la santé mentale, qui invite les jeunes à remettre en question la façon dont on parle de la santé mentale, dont on agit envers elle et dont on la soutient, puis à agir pour changer les choses.

Au cœur de la campagne se trouve la déclaration que les jeunes signeront pour manifester leur appui au [www.cestdlam.ca](http://www.cestdlam.ca).

« Il est temps de changer la façon dont la santé mentale des jeunes est traitée et soutenue à travers le Canada », a confié Jeff Moat, président de Partenaires pour la santé mentale. « Même si près du quart des jeunes sont aux prises avec des maladies ou problèmes reliés à la santé mentale, leur famille, leurs pairs et la société en général continuent de leur inculquer le réflexe d'ignorer leurs sentiments et de garder le silence, suscitant ainsi chez eux la crainte d'être étiqueté. Cette façon de faire doit cesser dès aujourd'hui. »

Pour lancer cette campagne, Partenaires pour la santé mentale tient aujourd'hui à Toronto le forum C'est d'la M, lequel réunira des jeunes et des experts en santé mentale jeunesse pour une discussion franche et directe sur la façon dont la maladie et la santé mentales des jeunes sont traitées, financées et soutenues. La discussion aura lieu à Toronto, mais sera également diffusée d'un océan à l'autre en direct sur [Facebook.com/partnersformh](http://Facebook.com/partnersformh) (en anglais seulement).

« Nous ne parlons pas de santé mentale ou de maladie mentale », affirme Vanessa Furtado, une adolescente ontarienne participant à la rencontre d'aujourd'hui. « Je pense que notre génération agit comme si ce n'était pas notre problème, mais à l'école, nous voyons des jeunes qui font face à des problèmes et souffrent en silence. Certains vont même jusqu'à se suicider à défaut d'aller chercher ou d'obtenir une aide adéquate. »

C'est d'la M est une initiative menée par les jeunes, pour les jeunes, fondée sur l'idée selon laquelle les jeunes d'aujourd'hui peuvent être la génération qui changera de façon significative le visage de la santé mentale au Canada en faisant leur problème.

Les personnes qui désirent s'impliquer davantage dans

<p>Call BS movement can visit <a href="http://www.callbs.ca">www.callbs.ca</a> for ideas on how to spread the word throughout their schools and communities. The site will also invite youth to share their own "BS" stories and experiences to a Living Wall, and check out what others are calling out.</p> <p>The campaign, which runs until November 29, will reach youth via Twitter, Facebook, Tumblr, in Empire movie theatres, on the street, through MuchMusic, MTV, MusiquePlus and by word-of-mouth.</p>	<p>le mouvement C'est d'la M peuvent visiter le <a href="http://www.cestdlam.ca">www.cestdlam.ca</a> pour trouver des idées sur la façon de diffuser le message dans leur école et dans leur communauté. Le site invite également les jeunes à partager leurs propres histoires et expériences de M sur le mur du changement, et à y jeter un œil pour voir ce que les autres ont à dire.</p> <p>La campagne se déroulera jusqu'au 29 novembre et rejoindra les jeunes par Twitter, Facebook, Tumblr, dans les cinémas Empire, sur MuchMusic, MTV, MusiquePlus, sur la rue et par le bouche-à-oreille.</p>
<p>"Changing the way that young people talk about, act towards and support mental health is a massive undertaking," concludes Moat. "We need thousands of people to raise their voices together to call BS on the current system if we're going to make the kind of difference this generation so desperately needs."</p>	<p>« Changer la façon dont les jeunes parlent, agissent et soutiennent la santé mentale est une tâche immense », affirme Jeff Moat. « Si nous voulons faire le genre de différence dont cette génération a grandement besoin, il faut que des milliers de personnes unissent leur voix pour dire que le système actuel, C'est d'la M. »</p>
<h4>About Partners for Mental Health</h4>	<h4>À propos de Partenaires pour la santé mentale</h4>
<p>Partners for Mental Health is a national, charitable organization dedicated to transforming the way Canadians think about, act towards and treat mental health and mental illness. Its mission is to engage millions of Canadians to take action to support mental health by participating in campaigns, events and activities that promote mental health and well-being, contacting politicians to influence policy, volunteering or fundraising.</p>	<p>Partenaires pour la santé mentale est un organisme caritatif national dédié à promouvoir un changement dans la perception et le comportement des Canadiens envers le bien-être et la santé mentale ainsi qu'envers son traitement. Sa mission? Entraîner des millions de Canadiens dans un mouvement social visant à appuyer la cause de la santé mentale en les incitant à faire campagne, à participer à des événements et des activités qui font la promotion du bien-être mental et de la santé mentale, à entrer en contact avec les dirigeants pour influencer les politiques, à faire du bénévolat et à participer aux campagnes de financement.</p>
<p>SOURCE: Partners for Mental Health</p>	<p>SOURCE : Partners for Mental Health</p>
<p>For further information:</p>	<p>Renseignements :</p>
<p>Michael McDonald-Beraskow Veritas Communications 416-482-0772 / <a href="mailto:mcdonald-beraskow@veritascanada.com">mcdonald-beraskow@veritascanada.com</a></p>	<p>Michael McDonald-Beraskow Veritas Communications 416 482-0772 / <a href="mailto:mcdonald-beraskow@veritascanada.com">mcdonald-beraskow@veritascanada.com</a></p>

#### Canada's Next Green Journalist Competition

Environmental Defence's Canada's Next Green Journalist competition is looking for inspired stories, photos and videos about local environmental issues by youth. This year's theme: How can your school litter less?

Students ages 11-17 and 18-21 can enter for a chance to win a laptop, video camera or digital camera; an all-expense paid trip to report on an environmental education mission; and cash for your school! Their work will also be published online.

For more info, please visit [www.youngreporters.ca](http://www.youngreporters.ca).



Canada's Next Green Journalist | - Environmental Defence [environmentaldefence.ca](http://environmentaldefence.ca)

Canadian Science Challenge - Contest Le Défi canadien en sciences - concours	
<p>Your students could be speaking LIVE to Canadian astronaut Chris Hadfield while in space. How? Visit the Canadian Space Agency website for all the details about this new and exciting contest at <a href="http://www.asc-csa.gc.ca">www.asc-csa.gc.ca</a>.</p> <p>In mid-December 2012, Chris Hadfield will blast off for a six-month mission aboard the International Space Station during which he will perform over 100 experiments from Canadian and international researchers and from Canadian youth.</p> <p>This contest offers you an opportunity to ignite your students' curiosity in science and space exploration. Working with a list of materials already available on board the Space Station such as socks, dental floss, pencils, water or even mustard, young participants will need to be inventive and design an experiment which, although simple to execute on earth, could be particularly interesting in a zero-gravity environment. You can form teams of students or make it a class project.</p> <p>The winning experiment will be performed by astronaut Chris on-orbit during a LIVE video connection at the winners' school. Students will see him perform their experiment and get a chance to speak to him too.</p> <p>Be part of the space adventure!</p> <p>The deadline for entries is December 31, 2012.</p>	<p>Vos élèves pourraient parler en direct avec l'astronaute canadien Chris Hadfield depuis l'espace. Comment ? Visitez le site Internet de l'Agence spatiale canadienne pour tous les détails sur ce nouveau concours à <a href="http://www.asc-csa.gc.ca">www.asc-csa.gc.ca</a>.</p> <p>À la mi-décembre 2012, Chris Hadfield s'envolera pour une mission de six mois à bord de la Station spatiale internationale au cours de laquelle il réalisera plus de 100 expériences de chercheurs canadiens et internationaux et également de jeunes canadiennes et canadiens.</p> <p>Ce concours est une occasion unique pour discuter des sciences et de l'exploration spatiale avec vos élèves. En utilisant une liste d'objets, qui se trouvent déjà à bord de la Station comme par exemple des bas, de la soie dentaire, des crayons, de l'eau ou encore de la moutarde, les jeunes participants créatifs devront concevoir une expérience qui, bien que toute simple si exécutée sur terre, pourrait s'avérer particulièrement intéressante en apesanteur. Vous pouvez former des petits groupes d'élèves ou encore en faire un projet de classe.</p> <p>L'expérience gagnante sera réalisée par l'astronaute Chris en orbite lors d'une connexion vidéo en direct à l'école des gagnants. Les élèves pourront le voir réaliser leur expérience et parler avec lui.</p> <p>Participez à cette aventure spatiale!</p> <p>La période d'inscription se termine le 31 décembre 2012.</p>

Calling All Elementary Teachers and High School/Secondary Health and Phys Ed/Family Studies Teachers!

The Team of Registered Dietitians at Dairy Farmers of Canada is looking to gather your feedback on nutrition education issues, current curriculum resources/programs and potential gaps. Your answers to their survey will help improve existing programs and help shape the development of new programs and

resources that best meet teachers' needs. Please take a few minutes to complete their survey, and be eligible to win the prizes listed below:

- Grand Prize: \$300 Chapters Indigo Gift Card
- Early Bird Prize: \$150 Chapters Indigo Gift Card
- 4 Second Prizes: \$100 Chapters Indigo Gift Cards
- 4 Third Prizes: \$50 Chapters Indigo Gift Cards
- 10 Participation Prizes: \$25 Chapters Indigo Gift Cards

To complete the survey, just visit: [www.survey.askingcanadians.com](http://www.survey.askingcanadians.com)

<b>Canada's National Day of Remembrance and Action on Violence Against Women la Campagne des roses de YWCA Canada pour mettre fin à la violence envers les femmes et les filles</b>	
<p>December 6 is Canada's National Day of Remembrance and Action on Violence Against Women, named by Parliament and etched in history by the 1989 shooting deaths in Montreal by a man targeting women on a busy university campus. Canadians reacted with shock, sorrow and outrage.</p> <p>The shootings strengthened work for legislation to bring guns under control and sparked the first men's organizations dedicated to ending violence against women.</p> <p>The Rose Campaign kicks off on November 25, which is the International Day for the Elimination of Violence Against Women. This date also launches the 16 Days of Global Activism, sponsored by UN Secretary General Ban Ki Moon.</p> <p>Visit the links below to learn more and to register your Actions.</p> <p>16 days of Activism: <a href="http://www.worldywca.org/Take-Action/Campaigns/16-Days-of-activism">www.worldywca.org/Take-Action/Campaigns/16-Days-of-activism</a></p> <p>Say No Unite to End Violence Against Women: <a href="http://www.saynotoviolence.org/about-say-no/about-unite">www.saynotoviolence.org/about-say-no/about-unite</a></p> <p>UN Women:<a href="http://www.unifem.org/gender_issues/violence_against_women">www.unifem.org/gender_issues/violence_against_women</a></p>	<p>Tous les ans, du 25 novembre au 6 décembre, la Campagne des roses de YWCA Canada pour mettre fin à la violence envers les femmes et les filles fait ressortir ce que nous pouvons faire pour qu'elles puissent vivre en sécurité.</p> <p>La campagne tire son nom du macaron à la rose, créé en commémoration du meurtre de 14 jeunes femmes de l'École Polytechnique de Montréal le 6 décembre 1989, par lequel on demandait à la population canadienne de porter le deuil d'abord, puis de travailler à changer les choses.</p> <p>La Campagne des roses démarre le 25 novembre, c'est-à dire à l'occasion de la Journée internationale pour l'élimination de la violence à l'égard des femmes. Cette date correspond en outre au lancement des 16 jours d'activisme mondial, événement parrainé par le secrétaire général des Nations Unies, M. Ban Ki Moon.</p> <p>Visitez les liens ci-dessous pour en apprendre davantage et pour y inscrire vos actions.</p> <p>16 jours d'activisme (YWCA Mondiale) : <a href="http://www.worldywca.org/Take-Action/Campaigns/16-Days-of-activism">www.worldywca.org/Take-Action/Campaigns/16-Days-of-activism</a></p> <p>Dites Non Tous Unis pour mettre fin à la violence contre les femmes : <a href="http://www.saynotoviolence.org/fr">www.saynotoviolence.org/fr</a></p> <p>Femmes des Nations Unies :<a href="http://www.unifem.org/gender_issues/violence_against_women">www.unifem.org/gender_issues/violence_against_women</a></p>

**Teaching the Way We Aspire to Teach: Now and in the Future**  
**Enseigner selon nos aspirations — aujourd’hui et demain**

Teaching the Way We Aspire to Teach: Now and in the Future is a joint research report from the Canadian Education Association (CEA) and CTF which paints a national picture of who teachers are and articulates the support they need to teach at their best. The research involved extensive input from over 200 teachers who participated in CEA focus groups across the country and over 4,700 teachers who responded to a CTF online survey:

<http://www.ctf-fce.ca/Newsroom/news.aspx?NewsID=1983984761&lang=EN>

Enseigner selon nos aspirations — aujourd’hui et demain est un rapport de recherche conjoint de l’Association canadienne d’éducation (ACE) et de la FCE qui brosse un portrait national de la profession enseignante et décrit le soutien dont ses membres ont besoin pour enseigner du mieux qu’ils peuvent. La recherche a permis de recueillir d’amples données auprès de plus de 200 d’entre eux dans le cadre d’entretiens de groupe que l’ACE a menés dans tout le pays, et auprès de 4 700 d’entre eux dans le cadre d’une enquête en ligne de la FCE...

<http://www.ctf-fce.ca/Newsroom/news.aspx?NewsID=1983984761&lang=FR>

**The National Reading Campaign's "What Did You Read Today?"**

It's almost here! The National Reading Campaign's "What Did You Read Today?" Campaign starts this coming week! The contests & activities for this campaign to promote the joy of reading are designed to be easy for you to implement in your school. Please go to the following URL to he 'toolkit' for the National Reading Campaign can be downloaded from: [https://www.dropbox.com/sh/098s8sh3z88apai/bbTUA\\_KGyx](https://www.dropbox.com/sh/098s8sh3z88apai/bbTUA_KGyx) Both English and French files are in the folder. Download and unzip the appropriate folder to fully access the files. Below please find a short summary of our launch activities and the ways in which you can participate in the "What did you read today?" campaign. Please note that if you are aware of another organization that you think would be interested in participating, you are welcome to send them this information. Also note that the new website won't be up until the beginning of next week, so visits to the webpages cited in the attached documents should be postponed until then.

Tuesday, November 13<sup>th</sup>

We begin stealthily! Please change your Facebook profile picture to one of you reading, and ask all of your social media networks to do the same.

Wednesday, November 14<sup>th</sup>

Launch of the "What did you read today?" contests. Detailed instructions are provided in the toolkit. Please continue promoting the contest until Christmas (it closes December 31<sup>st</sup>).

Thursday, November 15<sup>th</sup>

National Publicity Push

Friday, November, 16<sup>th</sup>

Change your email signature to include the question "What did you read today?" and update it periodically with answers.

Sunday, November, 18<sup>th</sup> – Margaret Atwood’s birthday! Nothing to do with our launch, but timely nonetheless!

Tuesday, November, 20<sup>th</sup>

Regional Events in BC & Quebec

Please subscribe to our newsletter at [www.nationalreadingcampaign.ca](http://www.nationalreadingcampaign.ca) to keep up to date on this & future programs.

If you have any questions or concerns, you can reach us at [info@nationalreadingcampaign.ca](mailto:info@nationalreadingcampaign.ca).



## School of Rock 2013: Exploring Ocean Cores and the Geology of the Pacific Northwest



*The School of Rock (SOR) Expedition is the adventure of a lifetime for Earth and Ocean Science educators interested in experiencing scientific ocean drilling research with the experts! During this multi-day workshop onboard the incredible 143m JOIDES Resolution, educators from across the country and the world work with real core material and state-of-the-art lab technology to learn how the science reveals clues about Earth's history.*

**Dates:** April 1-9, 2013 \*subject to change by a day or two

**Location:** Onboard the *JOIDES Resolution* scientific ocean drilling ship during tie-up in Victoria, British Columbia

**Application Deadline:** November 23, 2012



During School of Rock research experience, K-12, informal, and undergraduate educators have daily opportunities to conduct hands-on analyses of sediment and hard-rock cores with scientists and technicians who specialize in IODP research. This year's workshop will focus on the hydrology and geology of the Pacific Northwest and beyond. Investigations will cover topics such as paleoceanography, sedimentology, and biostratigraphy; seafloor spreading; climate change; composition and structure of the oceanic crust; and methods for sampling the subseafloor environment. Throughout the workshop, participants will witness the integration of science, technology, engineering, and math (STEM) that is an integral part of the scientific ocean drilling program. The workshop will also include time to collaborate with scientists and participants to create a plan for integrating the experience into instruction.

**Cost:** FREE! All shipboard costs will be covered. In addition, transportation from a rendezvous location (airport or other TBD) on April 1 to the ship and from the ship to the airport on April 9 will be provided. Participants are eligible for up to \$1000 to cover travel costs getting to and from Victoria, BC. Sponsored by IODP-Canada, IODP-USIO and Consortium for Ocean Leadership.

**Passport required. Limited space available.**

**DOWNLOAD THE APPLICATION FORM:** [www.iodpcanada.ca/outreach/SOR](http://www.iodpcanada.ca/outreach/SOR)

Questions: Contact Diane Hanano, Scientific Coordinator, Canadian Consortium for Ocean Drilling: (778) 628-1676; [coordinator@mail.iodpcanada.ca](mailto:coordinator@mail.iodpcanada.ca)

More information about the School of Rock: [www.oceanleadership.org/education/deep-earth-academy/educators/school-of-rock/](http://www.oceanleadership.org/education/deep-earth-academy/educators/school-of-rock/)